



Immortal Wellness—The Full Spectrum Protocol: A New Frontier in Support for Autism Spectrum Regulation

By Dr. Adam Suzman, Founder & Creator of the Remedies

Introduction

The **Full Spectrum Protocol** is a cutting-edge trio of vibrational remedies developed to support people of all ages on the autism spectrum—from pre-verbal to Asperger's. This protocol is designed to enhance emotional and mental regulation, offering more control over thoughts, emotions, and responses to everyday life.

Through extensive trials in two countries over a three-month period, the protocol has demonstrated promising results in improving emotional resilience, increasing social engagement, reducing emotional outbursts, and fostering greater empathy and communication.

The Challenge

People on the spectrum often face overwhelming emotional states—such as anxiety, agitation, sadness, anger, and obsessive fixation. These experiences can take over without warning, leading to withdrawal, reactivity, or meltdowns.

What if we could give individuals the ability to notice these emotions and thoughts arising and to then choose whether to engage with them? What if we could offer a gentle, non-invasive way to bring calm, clarity, and connection to the internal experience?

This is what the **Full Spectrum Protocol** aims to do.

How It Works

The protocol is designed to help people on the spectrum observe their thoughts and emotions without being overtaken by them. When this ability is strengthened, impulse control and emotional regulation may improve dramatically.

Participants have shown the ability to:

- Pause before reacting
- Shift from self-centered to empathetic perspectives
- Communicate more clearly and confidently
- Engage socially with less withdrawal or overwhelm



The Three-Part Remedy System

1. Victory Over Thought

Victory Over Thought is a remedy crafted from Noya Roa plus three unique versions of vibrational gold, which deliver messages to the cells that may engage a higher intelligence and may enhance insight and thought control.

Key frequencies:

Noya Rao: A revered Amazonian bioluminescent tree believed to hold the wisdom of the plant kingdom. It may foster new neural pathways and solutions, allowing for previously impossible outcomes.

Combined with vibrational gold, this remedy may help establish a new network of thought—creating space for choice, clarity, and integration.

2. Presence

Presence brings together the **ashes of 12 Amazonian trees** and **three forms of vibrational gold**. This formula may allow the user to better regulate emotional overwhelm without suppressing emotions.

The **gold trio** acts as a conductor of thought and a deep delivery system.

The **tree ashes** offer a pause point before emotional reaction, which may decrease the intensity and duration of difficult emotions.

This remedy is designed to gently lower the volume on emotional overwhelm, and may empower individuals to engage or not engage with emotional states.

Presence also includes within it two additional IW remedies:

Creation: Designed to evoke the feeling of having “your best day ever”.

Golden Spiral: Designed to align your internal structure to the natural cosmic blueprint—the pi ratio—which may restore flow and harmony.

Together, **Victory Over Thought** and **Presence** offer deep emotional and mental sovereignty.



3. Cloud 9

Cloud 9 is designed for in-the-moment emotional support. Built around a homeopathic form of oxytocin—the bonding hormone—it may create a sense of emotional safety, warmth, love, and connection.

Use Cloud 9:

- During anxious or overstimulating moments
- To ease transitions or unexpected changes
- To help maintain a grounded, regulated baseline of safety

Cloud 9 may help prevent fear-based responses and may bring the nervous system back to a place of ease.

Results from the Trials

In trials conducted across two countries, the following results were observed:

- Increased verbal communication—from single words to full sentences
- Greater interest in the external world
- More eye contact and active listening
- Decrease in emotional outbursts and meltdowns
- Ability to find humor in situations that previously triggered emotional dysregulation
- Enhanced capacity to see others' perspectives
- More independence and willingness to engage with new people and environments

One parent shared that they were able to leave their young adult child with a caregiver for the first time in 20 years—a milestone they never imagined possible.

Dosing and Usage



Morning: Take **Victory Over Thought** and **Presence** together, 5 drops each directly in the mouth.

As Needed: Use **Cloud 9** (5 drops) to help soothe heightened emotional states.

***If alcohol sensitive: put drops directly into small amount of boiling water, allow to cool and then drink.**

The protocol is non-toxic and has shown no side effects. It can be used alongside medications; however, some families have reported a reduced need for medications over time. We advise consulting a physician if medications are involved.

The **Full Spectrum Protocol** offers a new way forward: calm, connection, and a greater sense of possibility.

Closing Thoughts

We sincerely believe the **Full Spectrum Protocol** can help unlock greater freedom, functionality, and joy for individuals on the autism spectrum. It is a gentle yet powerful ally in the journey toward emotional sovereignty and connected living.

We make no medical claims or guarantees—only share the consistent stories of transformation from those who have tried it. The longer someone is on the protocol, the more benefits tend to unfold.

May this offering bring more peace, possibility, and presence to your journey.

—Dr. Adam Suzman

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*

***Individual results may vary. Claims in testimonials may not be typical.*